



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DIVE IN AND JOIN THE TEAM

Barracuda Swim Team
LAKEWOOD FAMILY YMCA





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SWIM TEAM

Looking for a fun and competitive swim team? The Lakewood Family YMCA swim team is a great way for your child to have a fun experience while competing on a swim team! We participate in the Southern California YMCA Swim League, as well as USA Swimming sanctioned events. Swim team is year round with registration taken monthly. Swim Meets, Y League, and USA Swimming are additional costs.

All swimmers must try out for swim team! Tryouts are at 5pm sharp on Tuesdays!

SWIM TEAM SCHEDULE

Ages	Level	Practice Schedule	Practice Location	Time	Prices
6-18 years old	Beginner	Tuesdays & Thursdays	Lakewood YMCA	5-6:30pm	\$65/\$90
	Intermediate/Advanced	Monday, Wednesday, & Friday			\$90/\$120

SWIM TEAM MERCHANDISE

All swim team gear can be purchased at Competitive Aquatic Supply online at www.casswimshop.com. Select Team Gear, then Lakewood Family YMCA

IS YOUR SWIMMER READY TO COMPETE?

Y League competes September - February. Registration for Y League is \$50 per swimmer and must be done through the Aquatics Director or Swim Team Coach.

USA Swimming competes April - August. Registration through USA Swimming is \$65 per swimmer and can be done by online at www.socalswim.org

Meet entries will be additional costs.

QUESTIONS?

Please contact our Head Swim Team Coach, Sophie Garcia, via email at sophie.garcia@lbyymca.org