



GYMNASIUM SCHEDULE

Winter 2019

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00-8:00a		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
8:00-9:00a		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Preschool Basketball League
9:00-11:00a	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Youth Basketball Games
11:00-12:00p	Open Gym	Pickleball	Pickleball	Pickleball	Pickleball	Pickleball	Youth Basketball Games
12:00-1:00p	Youth Basketball Games	Pickleball	Pickleball	Pickleball	Pickleball	Pickleball	Youth Basketball Games
1:00-2:00p	Youth Basketball Games	Open Gym	Open Gym	Pickleball	Open Gym	Open Gym	Youth Basketball Games
2:00-3:00p	Youth Basketball Games	Open Gym	Open Gym	Pickleball (ends at 2:30pm)	Open Gym	Open Gym	Youth Basketball Games
3:00-4:00p	Youth Basketball Games	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Youth Basketball Games
4:00-5:00p	Youth Basketball Games	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Youth Basketball Games
5:00-6:00p	Open Gym	Open Gym	Youth Basketball Practice	Open Gym	Preschool Basketball Class/Youth Basketball Practice	Open Gym	Youth Basketball Games
6:00-7:00p		Adult Basketball	Youth Basketball	Open Gym	Youth Basketball	Open Gym	
7:00-8:00p		Adult Basketball League	Youth Basketball Practice	Open Gym	Youth Basketball Practice	Open Gym	
8:00-9:00p		Adult Basketball League	Youth Basketball Practice	Open Gym	Youth Basketball Practice	Open Gym	
9:00-10:00p		Adult Basketball League	Open Gym	Open Gym	Open Gym	Open Gym	

Although it is always our intention to follow the scheduled format, events and programs may change without notice.

Please see the back side of this page for more details and information about our gymnasium schedule.



GYMNASIUM POLICIES

GYMNASIUM RULES

- No food or drinks (except for water)
- No dunking or hanging on rims
- No profanity or disruptive behavior
- Proper gym attire must be worn at all times
- Kicking and throwing of basketballs is prohibited
- Do not enter gym storage (**STAFF USE ONLY**)
- No loitering, dribbling, or shooting during non-open gym times
- Failure to abide by gymnasium rules and the YMCA's Code of Conduct may result in temporary or permanent suspension of the YMCA membership privileges

GYMNASIUM PROGRAM DATES

- **Adult Basketball League:** Jan 21st-Mar 25th
- **Youth Basketball League:** Jan 26th -March 31st
- **Preschool Basketball Class:** Jan 17th-Feb 21st
- **Preschool Basketball League:** Jan 26th-Mar 16th

GYMNASIUM EVENTS (CLOSED GYM)

- **Youth Basketball Assessment Day:** Sat, Jan 5th
- **JR Clipper Clinic:** Sat, Jan 12th 10am-11:30am

CONTACT INFORMATION

- **Karina Weiss**
Sports Director
karina.weiss@lbyymca.org
- **Jordan Espy**
Sports Staff Coordinator
jordan.espy@lbyymca.org

GYMNASIUM TERMINOLOGY

- **Open Gym:** Gym is opened for all members
- **Pickleball:** Gym is opened for pickleball members
- **Youth/Adult Basketball:** Gym is opened for basketball participants (registration required)
- **Youth/Adult Indoor Soccer:** Gym is opened for indoor soccer participants (registration required)
- **Itty Bitty Sports:** Gym is opened for itty bitty participants (registration required)

OPEN GYM COURTESY-PICK UP GAMES

- If there are 15 or more players, players may play full court, 5v5 games.
- If there are 14 or less players, players **MUST** play half court, 4v4 games.
- Half court: First team to 15 points win's the game.
- Full court: First team to 11 points win's the game.
- Losing team comes off the court; the next group of players play next.
- In the event of a dispute, YMCA Staff have the final say.
- Open gym courts cannot be reserved for practices or drills.

PICKLEBALL RULES

- **Rotation when more than 12 players present:**
 - ◆ The winners of the first game shall stay on the court for a second game. They can choose to stay together or split with new partners.
 - ◆ If the winning team stays together, they must retire after the second game, win or lose, and the court will have 4 new players. If the winning team splits with new players, the only player that would remain would be the newest player.
- **Challenge Court:**
 - ◆ A challenge court will be available when there are more than 12 players present. Challenge court will be available for advance players only. Same rotation rules above will apply.