



GYMNASIUM SCHEDULE

Jan-Feb

The Adult Basketball League begins **January 8th**.

Youth Basketball Practices begin **January 9th**.

Itty Bitty Basketball begins on **January 13th**.

Youth Basketball Games begin **January 20th**.

Youth Volleyball Class begins **January 24th**.

| Time | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------|---|-------------------------------|---------------------------------|------------------------------|---------------------------------|---------------------------------|---------------------------------------|
| 6:00-8:00a | | Kids Club | Kids Club | Kids Club | Kids Club | Kids Club | Open Gym |
| 8:00-9:00a | | Kids Club | Kids Club | Kids Club | Kids Club | Kids Club | Open Gym |
| 9:00-10:00a | | Kids Club / Open Gym | Kids Club / Open Gym | Kids Club / Open Gym | Kids Club / Open Gym | Kids Club / Open Gym | Open Gym |
| 10:00-11:00a | Open Gym | Open Gym | Open Gym | Open Gym | Open Gym | Open Gym | Youth Basketball Games |
| 11:00-1:00p | Youth Basketball Games (Begins @ 12pm) | Pickleball | Pickleball | Pickleball | Pickleball | Pickleball | Youth Basketball Games |
| 1:00-3:00p | Youth Basketball Games | Open Gym | Open Gym | Open Gym | Open Gym | Open Gym | Youth Basketball Games |
| 3:00-5:00p | Open Gym | Open Gym | Open Gym | Open Gym | Open Gym | Open Gym | Youth Basketball Games |
| 5:00-6:00p | Open Gym | Open Gym | Youth Basketball Practice | Open Gym | Youth Basketball Practice | Youth Basketball Practice | Itty Bitty Basketball/ Open Gym |
| 6:00-7:00p | | Open Gym | Youth Basketball Practice | Youth Volleyball Class | Youth Basketball Practice | Youth Basketball Practice | |
| 7:00-8:00p | | Adult Basketball League | Youth Basketball Practice | Open Gym | Youth Basketball Practice | Open Gym | |
| 8:00-9:00p | | Adult Basketball League | Open Gym | Open Gym | Open Gym | Open Gym | |
| 9:00-10:00p | | Adult Basketball League | Open Gym | Open Gym | Open Gym | Open Gym | |

Gym Rules & Regulations

- No dunking or hanging on rims
- No food or drinks (except for water)
- Kicking and throwing of basketballs is not permitted
- For questions, Please contact Karina Weiss at karina.weiss@lbymca.org
- No foul language
- Proper gym attire must be worn at all times
- Do not enter gym storage. Staff use only!