



“My husband was laid off and had to take ANY part-time job. I work, but we’re struggling to make ends meet and child care is a big expense for our family. The Y provided the financial assistance we needed.”

YMCA After School Enrichment Program Parent

“During my time at the Y I was surrounded by staff that cared and would listen. They encouraged me to fix my grades and change my attitude. I couldn’t be happier to be a part of the Y and am now on my way to graduation!”

17 year old YMCA Youth Participant

“The skills I learned at the Youth Institute helped me in my life because they helped me become a more social person, a better public speaker, and communicator with different types of people. It helped break through language barriers.”

YMCA High School Youth Institute Participant

We are a powerful association of men, women, and children joined together by a shared commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility.

We believe that lasting personal and social change can only come about when we all work together to invest in our kids, our health and our neighbors. That’s why, at the Y, strengthening community is our cause. We help families gain skills such as parenting, civic engagement, literacy and leadership so that they in turn can be active community advocates.

Every day, we work side by side with our neighbors in our community to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

TOMORROW STARTS NOW



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

We count on the generosity of our members and community to help people of all ages and from all walks of life be more healthy, confident, connected and secure. When you give to the Y, your gift will have a meaningful, enduring impact right in your own neighborhood.

TURN YOUR GIFT INTO...



YMCA of GREATER LONG BEACH
P.O. Box 90995
Long Beach, CA
562.279.1700
www.lbymca.org

TOMORROW STARTS NOW

Make a gift today!
Visit lbymca.org



THEIR POTENTIAL

Because we believe that all kids deserve the opportunity to discover who they are and what they can achieve, the Y is for Youth Development. Through the YMCA of Greater Long Beach, 35,000 youth and families are cultivating the values, skills and relationships that lead to positive behaviors, better health and educational achievement. We help low income youth graduate from high school and attend college by teaching them leadership and technology skills and how to connect those skills to the workforce. Y activities give our children the opportunity to become confident kids today and healthier happier grown-ups tomorrow.

THEIR HEALTH

Improving the nation's health and well-being is a priority for the Y. We help children and adults understand and value their health, and we nurture their well-being. We offer resources and guidance to maintain or improve physical activity, health and wellness. The Y brings families closer together, encourages good health and fosters connections through fitness, sports, fun and shared interests. As a result, youth, adults and families are receiving the support, guidance and resources needed to achieve greater health and well-being for their spirit, mind and body.



TOMORROW STARTS NOW

THEIR FUTURE

At the Y, strengthening community is our cause. The Y has been listening and responding to our communities' most critical needs in the Greater Long Beach area for 128 years. Whether developing skills or emotional well-being, welcoming and connecting diverse populations or advocating for healthier communities, the Y fosters the care and respect all people need and deserve.

Our staff and volunteers are kids, parents, grandparents, neighbors and local leaders who are all personally committed to understanding what our neighborhoods need. Together we can build stronger, more inclusive communities, provide support for families and promote positive change overall.



SUPPORT THE Y STRENGTHEN YOUR COMMUNITY

The Y uses your gift to make a meaningful, enduring impact right in your own neighborhood.

- \$25 Provides an opportunity for a child to build self confidence with a session of swim lessons.
- \$50 Provides building blocks and puzzles for children to develop math and problem solving skills in the Y Early Education Program.
- \$100 Allows someone who is experiencing financial hardship the opportunity to alleviate stress, foster relationships and find a positive outlook by becoming a member of the Y family.
- \$150 Presents a child the key to a world of exploration at a week of Y Day Camp.
- \$1000 Supports 5 special needs young adults to enjoy an experience of a lifetime at Camp Oakes.
- \$2,500 Provides technology and digital media training to over 30 YMCA Youth Institute participants.